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Davina's Chicken Caesar Salad

Preparation time: 10 minutes

Recipe by: Davina



INGREDIENTS

½ clove garlic, grated

2 anchovies

2 tbsp. natural yogurt

200g cooked chicken breast, shredded into bitesize pieces (grilled without skin)

1 head cos lettuce, roughly chopped

1 avocado, peeled, destoned and sliced

Small handful chives, finely sliced

2 Ryvita Protein Linseed and Nigella Seed Crunchy Rye Bread, broken into pieces

METHOD

1. Blitz the garlic, anchovies, yogurt and 2 tbsp. water in a small blender until smooth then season with black pepper.
2. Put the chicken, lettuce, avocado and chives in a bowl then pour over the dressing and toss to coat. Serve with the crunchy rye bread croutons.

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