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## Chocolate Spread with Banana & Seeds

Preparation time: 5 minutes

Recipe by: Ryvita



### INGREDIENTS

- 1 tbsp chocolate spread
- 1 banana, sliced
- 1 tsp pumpkin seeds
- 2 Ryvita Fruit Crunch Crispbreads

### METHOD

1. Spread chocolate spread over 2 crispbreads
2. Add sliced banana
3. Top with pumpkin seeds

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