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## Frozen Chocolate Banana 'Ice Cream'

Preparation time: 10 minutes

Recipe by: Ryvita



### INGREDIENTS

- 1 frozen banana (peeled and chopped before freezing) (100g)
- 1 tbsp. cocoa powder (15g)
- 1-2 tbsp. greek yogurt (90g)
- 1 tbsp. honey (21g)
- 6g Blueberries
- 6g Toasted almonds
- 2 Fruit Crunch, broken into large pieces

### METHOD

1. Place the banana, cocoa powder, greek yogurt and honey in a food processor and blitz until smooth and creamy.
2. Spoon into little bowls or ramekins, top with the blueberries and nuts and serve with the crunchy rye bread pieces to dip.

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