

The logo for RYVITA, featuring the brand name in white, bold, sans-serif capital letters on a red rectangular background.

Davina's Mashed Avocado & Grilled Chicken

Preparation time: 10 minutes

Recipe by: Davina



INGREDIENTS

½ Mashed Avocado

1 small grilled sliced chicken breast

1 tsp toasted mixed seeds

2 Protein Sesame & Red Quinoa Crunchy Rye Breads

METHOD

1. Top the Crunchy Rye Breads with the mashed avocado
2. Layer on the grilled chicken
3. Top with some toasted seeds if you wish

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