

The logo for RYVITA, featuring the brand name in white, bold, uppercase letters on a red rectangular background.

White Bean Hummus with Paprika

Preparation time: 10 minutes

Recipe by: Ryvita



INGREDIENTS

½ can chickpeas (115g)

½ can cannellini beans (115g)

1 clove garlic, roughly chopped (3g)

1 tbsp. tahini (18g)

Juice of ½ lemon (20g)

2 tbsp. extra virgin olive oil (25.2g)

½ tsp paprika, plus extra to serve (0.55g)

4 Ryvita Multigrain Crunch rye breads, broken into pieces

METHOD

1. In a food processor add all the ingredients with some seasoning and blitz until smooth, adding a splash of water if the mixture is too thick.
2. Serve in a bowl with a pinch of paprika and the crunch rye bread pieces for dipping.

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