

The logo for RYVITA, featuring the brand name in white, bold, sans-serif capital letters on a red rectangular background.

White Bean Hummus with Paprika

Preparation time: 10 minutes

Recipe by: Ryvita



INGREDIENTS

- ½ can chickpeas (115g)
- ½ can cannellini beans (115g)
- 1 clove garlic, roughly chopped (3g)
- 1 tbsp. tahini (18g)
- Juice of ½ lemon (20g)
- 2 tbsp. extra virgin olive oil (25.2g)
- ½ tsp paprika, plus extra to serve (0.55g)
- 4 Ryvita Multigrain Crunch rye breads, broken into pieces

METHOD

1. In a food processor add all the ingredients with some seasoning and blitz until smooth, adding a splash of water if the mixture is too thick.
2. Serve in a bowl with a pinch of paprika and the crunch rye bread pieces for dipping.

Check out more recipes at ryvita.co.uk/recipes